



# CLINICAL UNDERSTANDING OF MENTAL SYMPTOMS VOL-I

*JV'n Dr. Rakesh Sharma*

**JAYOTI VIDYAPEETH WOMEN'S UNIVERSITY, JAIPUR**

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## INTRODUCTION

Organon of Medicine is the basic subject for homeopathic students. It provides basic knowledge about homeopathy. It deals with the principles of homeopathy and provides the clinical applicability of principles of homeopathy. Understanding of the mental symptoms in homeopathic case taking and in prescription are very important. Hahnemann gives important comments on mental state and disposition in aphorism 211. These mental state or symptoms are deciding factor for selecting the similimum. Work in this book only understands the mental symptoms or mental state in language of the patient and how to understand this. My effort in this book to understand the person in disease.

## REFERENCES

- **Hahnemann's Organon of Medicine 6<sup>th</sup> edition.**
- **A study of Hahnemann's Organon of Medicine – Dr. M. P. Arya**
- **Kent's Repertory, Complete Repertory and Murphy Repertory.**

## INTRODUCTION OF AUTHOR:

Dr Rakesh Sharma is a MD Homoeopath. Currently he is working as Prof. and Head of Department, Organon of Medicine at Faculty of Homoeopathic Science under Jayoti Vidyapeeth Women's University, Jaipur. He has a vast clinical experience of more than 20 years and is Teaching Organon of Medicine for more than 15 years. He has written and published 4 research papers in SCOPUS indexed international Journal and 2 in UGC Care listed Journals. He is famous among students for his thorough knowledge of the subject and his unique style of teaching.

**.1. Anger, contradiction from:**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Contradict – be resistant

- Disagree

From – a reason or cause

Eg. When things going against his wishes.

**2. Anger, contradiction from:**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Interruption – an act of interrupting the continuity in its completion

From – a reason or cause

Eg. When due to pain patient cannot complete his work & have to cease his work expresses his anger.

**3. Anger, himself with:**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Himself – his self

- That identical male one

With – accompanying

Eg. Patient realizes that he did not take treatment promptly and his condition due to this he angers with himself.

**4. Anger, eat, when obliged to –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Eat – to take in through the mouth as food; ingest, chew.

When – at or during which time

Obliged – to do a favor for.

- Force somebody to do something.

To – indicating a relation/ direction of.

Eg. When somebody forces the patient to take medicine then patient expresses anger.

#### **5. Anger, aroused, when –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Aroused – emotionally aroused, excited

- Brought to a state of great tension.

When – at or during which time

Eg . When someone aware forcefully about his condition (problem), regarding medicine, advice then he expresses anger.

#### **6. Anger, mistakes over his –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Mistake – A wrong action attribute to bad judgement, ignorance or inattention.

- An understanding of something that is not correct.

Over – covering the entire area

- In the whole extent of

His – male possessive pronoun.

Eg. Patient feels angry about his past bad deeds like I should be careful while doing bad deeds.

### **7. Anger, consoled when –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Consoled – give moral or emotional strength to.

- To alleviate the grief, sense of loss, or trouble of

When – at or during which time.

Eg. Patient manifest anger when anybody try to alleviate his suffering, pain or trouble.

### **8. Anger, recovery, if one spoke of her complete –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Recovery – return to an original state

- The act of regaining

If – every time that

One – a single person or thing.

Spoke – express in speech

- Use language

Of – express possession or connection

- A reason or cause

Her –

Complete – perfect in every respect

- Having every necessary or normal part or component.

Eg. Patient get angry when family members advice them to take more rest till they get complete recovery.

**9. Anger, questioned when -**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Question – a sentence of inquiry that asks for a reply.

When – at or during which time.

Eg. When asked something to patient then becomes angry.

**10. Anger, business about –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Business – what someone normally does to earn money; a person's profession, work.

About – all around.

Patient expresses anger about business affairs.

**11. Anger, alternating with repentance, quick –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Alternating – occurring by turns

- Do something in turns

With – accompanying

Repentance – remorse for your past conduct.

Quick – hurried and brief

- Moving quickly and lightly

Eg. Patient feels remorse after expressing the anger.

**12. Anger, causeless –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Causeless – having no justifying cause or reason

Eg. There is anger without any cause or reason.

**13. Anger, conversation from –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Conversation – the use of speech for informal exchange of views, ideas or information.

Eg.

**14. Anger, trifles, at –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Trifles – something of small importance.

At- expresses position, direction or location, or point in time

Eg.

**15. Anger, respiration difficult, with –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Respiration – the movement of air or dissolved gases into and out of the lungs.

With – accompanying

Difficult – not easy; requiring great physical or mental effort to accomplish.

**16. Anger, past events about –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Past – the time that has elapsed

Events – something that happens at a given place and time.

About – all around

- In the area
- With regard or relation to; on the subject of.

Person feels anger relation to past deeds, wrong decisions, wrong treatment etc.

**17. Anger, vex, others, inclined to –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Vex – cause annoyance in; disturb, especially by minor irritations

- Disturb the peace of mind of; afflict with mental agitation or distress.

Others – being the one distinct from that.

Inclined – inclination, disposition, or tendency.

To – in the direction of.

Egg. Person expresses so much anger so that other person disturb.

**18. Anger, violent, when things don't go as he wishes when –**

Anger – the state of being angry

- A feeling of great displeasure, indignation

Violent – marked by extreme intensity of emotions.

- Characterized by violence.

When – in what situation

- At or during which time

Things – a special objective

- A separate and self-contained entity.

Go – follow a procedure

- Move away from a place into another direction
- Follow a certain course

Wish – hope for; have a desire for

- An expression of some desire.

Eg. Person express violent anger when things are not going according his wish or according to him.

#### **19. Anxiety, with fear –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Fear – an anxious feeling

- Be uneasy or apprehensive about
- To worry about something bad.

With – accompanying.

Eg. Patient think about his disease that what will happen in future.

What will happen in future if I do not recover.

#### **20. Anxiety, business about –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Business – what someone normally does to earn money; a person's profession, work

- A rightful concern or responsibility

About – all around

- In the area

Uneasiness about something in relation with the business.

Eg. During sickness patient think about that if I do not recover than what will happen to my business.

### 21. **Anxiety, others for –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Others – being the one distinct from that.

For – appropriate to; intended for

- In favor of

Eg. Patient does not worried about self, but he worried about his children in relation to future.

Patient does not bother others during sickness, instead he bothers himself.

### 22. **Anxiety, pain from the -**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Pain – mental or emotional distress or suffering

- A symptom of some physical hurt or disorder

From – a reason or cause

Eg. Patient anxious about the presence of pain.

### 23. **Anxiety, health about –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Health – the condition of being well or free from disease.

- The general condition of body and mind.

About – all around

- In the area

Eg. Patient worried about health. Patient think about he will recover or not.

#### **24. Anxiety, hypochondriacal –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Hypochondriacal – unusual or excessive concern about health.

- A state in which a person continuously worries about their health without having any reason to do so.

Eg. Patient imagines that some disease have been developed in the body. He think about some imaginary sickness.

#### **25. Anxiety, doubt about success –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Doubt – the state of being unsure of something.

About – all around

- In the area

Success – an event that accomplishes its intended purpose

- An attainment that is successful.

Eg. Patient think about that I will recover or not after getting the treatment.

#### **26. Anxiety, despair with –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Despair – a state in which all hope is lost or absent.

With – accompanying.

Eg. Patient in anxiety because of no hope of recovery.

**27. Anxiety, future about -**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Future – yet to be or coming

About – all around

- In the area

Eg. Patients anxiety related to future, what will happen if my disease will not cure.

Who knows what may happen in the future.

**28. Anxiety, work with inclination to –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Work – the occupation for which you are paid.

- To exert oneself physically or mentally especially in sustained effort for a purpose or under compulsion.

With – accompanying.

Inclination – a tendency to a particular aspect, state, character or action.

To – in the direction of

Eg. I don't like to remain without anything to do. Rather when I am at discomfort for any reason my desire to work increases.

**29. Anxiety, motion, from amelioration –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Motion – a state of change

- The act of changing location from one place to another

From – a reason or cause

Amelioration - the act of relieving ills and changing for the better

Eg. I always feel good after walking. Most of my complaints gets better after walking.

### **30. Anxiety, strangers, in the presence of –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Strangers – an individual that one is not acquainted with

- Seeing or meeting first time
- Not familiar

Presence – the state of being present; current existence

Eg. In my notice, I have never seen such a thing in my life. Since I have this ii am very uncomfortable with it. I want to remove it because till it remains there I can't be at peace.

### **31. Anxiety, lying while –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Lying – be in a horizontal position

- Be and remain in a particular condition.

At the time of lying down all negative thoughts, like what would happen to their health, future and what kind of disease they are suffering from, something bad would happen.

### **32. Anxiety, alone when –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Alone - without any other person

When - at what time

- at or during which time

e.g, when I am alone, resting and with no work to do, I began to have all sorts of negative thoughts.

### **33. Anxiety, company, when in –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Company - association with another

- a group of persons or things

When - at what time

- at or during which time

in - used as a function word to indicate inclusion, location, or position within limits

- within a particular place

eg. When a person remain in company of other persons, like friends, relatives, he becomes uncomfortable for fear of being asked unwanted questions related to disease.

### **34. Anxiety, bed in –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Bed - a piece of furniture on or in which to lie and sleep.

in - used as a function word to indicate inclusion, location, or position within limits

- within a particular place

eg. Person fears about his disease condition that affects his mobility.

### **35. Anxiety, cold drinks amelioration –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Cold - having or being a temperature that is uncomfortably low for humans.

- having a relatively low temperature or one lower than normal or expected

drinks - to take in or suck up

- to take in or receive avidly
- to receive into one's consciousness

Amelioration - to make better

Eg. If somebody talk to me then he should talk mildly without bothering about my responsibility and work.

### **36. Anxiety, in dark –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

In - inside or to a position inside a particular area or object

- at home or at work

Dark - with no light or very little light

- lacking knowledge or culture
- not clear to the understanding

Version - difficult to understand patient, that why this problem happens. Patient is worried because he is not understand about what is happening to me.

### **37. Anxiety, sedentary employment, from –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Sedentary - doing or requiring much sitting

- not physically active

Employment - activity in which one engages or is employed

From – a reason or cause

Version – patient says since I have become sick, I am not feeling good, I am thinking about I am doing ordinary work in comparison to other peoples around me. I feel people around me doing much good job than me.

### **38. Anxiety, time is set, when a –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Time - the measured or measurable period during which an action, process, or condition exists or continues

- the point or period when something occurs

Set - to cause to sit : place in or on a seat

- to cause the start of
- to fix or decide on as a time, limit, or regulation

When - at what time

- at or during which time

version – discomfort will arise in the patient when he think beforehand that he is to give a performance at a particular time about a specific subject.

### **39. Anxiety, success, from doubt about –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Success - favorable or desired outcome

From – a reason or cause

Doubt - to be uncertain

- to lack confidence in

About – all around

- In the area

Version – patient is in doubt about his effort for recovery ending in success.

#### 40. **Anxiety, conscience, as if guilty of a crime –**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Conscience - a faculty, power, or principle enjoining good acts

- conformity to what one considers to be correct, right, or morally good
- the sense of the moral goodness or blameworthiness of one's own conduct, intentions, or character together with a feeling of obligation to do right or be good.

Guilty - justly chargeable with or responsible for a usually grave breach of conduct or a crime.

About – all around

- In the area

Version – worried about one’s moral duty which and is doing so now has been neglecting in the past due to misunderstanding and some other reasons. Now he feels that the right time has come to set things right.

#### 41. **Anxiety paralyzed, as if -**

Anxiety – discomfort about something doubtful eg. What will happen, what is about to come.

- Mentally distressing concern

Paralyzed - rendered incapable of movement or action.

Version – the disease has been developed to such extent that patient not able to fight it and feels useless.

#### 42. **Answers, aversion to –**

Answer - something spoken or written in reply to a question

- something done in response or reaction

Aversion - a feeling of repugnance toward something with a desire to avoid or turn from it

- a tendency to extinguish a behavior or to avoid a thing or situation
- an object of dislike or aversion

To - used as a function word to indicate direction

- used as a function word to indicate contact or proximity
- used as a function word to indicate relative position

Version – when a patient becomes sick he stops responding to questions.

- Replying of a question seem not willingly.

#### **43. Answers, refuses to answer –**

Answer - something spoken or written in reply to a question

- something done in response or reaction

Refuse - to express oneself as unwilling to accept

- to show or express unwillingness to do or comply with

To - used as a function word to indicate direction

- used as a function word to indicate contact or proximity
- used as a function word to indicate relative position

Version - whenever a question is asked to the patient , he express unwillingness to give answer.

#### **44. Answering , civil, can't be –**

Answer - something spoken or written in reply to a question

- something done in response or reaction

Civil - adequate in courtesy and politeness

Version – I am dying here and you are saying wait for some time.

#### **45. Answers, dictatorial –**

Answer - something spoken or written in reply to a question

- something done in response or reaction

Dictatorial - oppressive to or arrogantly overbearing toward others

Version the tone of the patient seems in answering like commanding and overpower the doctor.

#### **46. Answers, snappishly**

Answer - something spoken or written in reply to a question

- something done in response or reaction

snappishly - inclined to bite

- given to curt irritable speech
- arising from annoyance or irascibility

Version – Doctor feels the sensation that when patient answering the question like he is biting the doctor.

#### **47. Attention, desire -**

Attention - the act or state of applying the mind to something

- a condition of readiness for such attention involving especially a selective narrowing or focusing of consciousness and receptivity

Desire - to long or hope for

- to express a wish for

Version – patient says you are not paying proper attention to me

- Patient have ardent desire that doctor should give proper attention

**48. Astonished -**

Astonished - feeling or showing great surprise or wonder.

Version – Patient was astonished about how this disease could happen to me.

**49. Ambition, means, employed every possible –**

Ambition - an ardent desire for rank, fame, or power

- desire to achieve a particular end

Mean - to have in the mind as a purpose

- to direct to a particular individual

Employed - to make use of (someone or something inactive)

- to devote to or direct toward a particular activity or person

Every - being each individual or part of a group without exception

- being each in a series or succession

Possible - being within the limits of ability, capacity, or realization

- being something that may or may not occur
- being something that may or may not be true or actual

Version – patient use all efforts to get better, taking other medicines or taking all advices to get better.

**50. Ask, for nothing –**

Ask - to call on for an answer

- to put a question about
- to make a request of

For - used as a function word to indicate purpose

used as a function word to indicate the object or recipient of a perception, desire, or activity

Nothing - not any thing

- one of no interest, value, or consequence

Version – like patient says I never asked anything for myself from God.

- Patient does not bother others for his disease and avoids ask for any help.
- Patient does not demand anything.

#### 51. **Affability** –

Affability - being pleasant and at ease in talking to others

- characterized by ease and friendliness

Version – Approach of patient towards other peoples like in waiting room while interacting.

- Showing warmth and friendliness.

#### 52. **Abusive** -

Abusive - using harsh, insulting language

- harsh and insulting
- using or involving physical violence or emotional cruelty
- characterized by wrong or improper use or action

Version – patient uses filthy languages to the doctor or other person, like after taking wrong medicine and he suffers wrong.

#### 53. **Ailments from reproaches** –

Ailments - a bodily disorder or chronic disease

From – a reason or cause

Reproach - a cause or occasion of blame, discredit, or disgrace

Version – Patient says whenever I do something my family members, friends or boss find some mistake and blame me for it that ii am not doing properly.

#### **54. Ailments from mortification –**

Ailments - a bodily disorder or chronic disease

From – a reason or cause

Mortification – a sense of humiliation and shame caused by something that wounds one's pride or self-respect.

- the cause of such humiliation or shame

Version – Patient may say like this, my family members, friends always pressurize me about doing things freely. If I want to speak something or suggest they forcefully in front of known or unknown persons.

#### **55. Ailments from, reverses of fortune –**

Ailments - a bodily disorder or chronic disease

From – a reason or cause

Reverse - opposite or contrary to a previous or normal condition

- effecting reverse movement

Fortune - a very large sum of money

- a store of material possessions

Version – Patient says my fortune is not in my favour, it may be related to money matter, fame, status, position or in disease matter. Whenever I take medicine for my problem but it causes lot of suffering to me.

#### **56. Ailments from, excitement suppressed –**

Ailments - a bodily disorder or chronic disease

From – a reason or cause

Excitement - something that excites or rouses.

Suppressed - to put down by authority or force

- to restrain from a usual course or action
- to inhibit the growth or development of

Version – parents of a child says something about the child that whenever we say about to study then he complain of pain in abdomen and while playing he doesn't complain anything.

### **57. Ailments from, domination by others a long history of –**

Ailments - a bodily disorder or chronic disease

From – a reason or cause

Domination - supremacy or preeminence over another

- exercise of mastery or ruling power
- exercise of preponderant, governing, or controlling influence

By - into the vicinity of and beyond

- through or through the medium
- in the direction of
- during the course of

Other - being the one or ones distinct from that or those first mentioned or implied

- not the same

Long - extending for a considerable distance

- having greater length than usual
- extending over a considerable time

History - events that form the subject matter of a history

- events of the past
- previous treatment, handling, or experience

Version – Patient says since childhood I got dominated by my parents, brothers and I have to do work according to him. There is no value of my wishes, my thoughts.

**58. Ailments from, responsibility unusual –**

Ailments - a bodily disorder or chronic disease

From – a reason or cause

Responsibility - liable to be called on to answer

- being the cause or explanation
- able to answer for one's conduct and obligations

Unusual - not usual

- uncommon, rare

Patient says about his illness that it started after taking too much responsibility. This is the main reason of my sickness.

**59. Ailments from, discords between relatives; friends –**

Ailments - a bodily disorder or chronic disease

From – a reason or cause

Discords - lack of agreement or harmony (as between persons, things, or ideas)

- a harsh or unpleasant sound

Between - by the common action of : jointly engaging

- in the time, space, or interval that separates
- from one to another of

Relatives - a person connected with another by blood or affinity.

- a thing having a relation to or connection with or necessary dependence on another thing.

Friend - one that is not hostile

- one that is of the same nation, party, or group
- one attached to another by affection

Version – Patient says that since childhood I have seen no unity between my parents and this is the one reason of my sickness.

- Patient says that their problem has started after a sudden break in the relationship between my friends.
- Patient suffers from his disease when he sees dispute between relatives or friends.

#### **60. Ailments from, position, loss of –**

Ailments - a bodily disorder or chronic disease

From – a reason or cause

Position - an act of placing or arranging

- an arranging in order
- relative place, situation, or standing
- social or official rank or status

Loss - the act of losing possession

- a person or thing or an amount that is lost
- decrease in amount, magnitude, or degree

Version – Patient says that since I have lost my importance in my office, I have developed this disease.

#### **61. Ailments from, deceived –**

Ailments - a bodily disorder or chronic disease

From – a reason or cause

Deceived – to make someone believe something that is not true

- to be false to
- breaking of trust

Version - Patient says the cause of my sickness, he is cheated in business from the friend.

## **62. Ailments from, rejected being –**

Rejected - not given approval or acceptance

Being - the quality or state of having existence

- something that is conceivable and hence capable of existing
- something that actually exists

Version – Patient says about that since when I rejected from service I am suffering from this.

## **63. Anticipation -**

Anticipation - visualization of a future event or state

- the act of looking forward.
- a feeling of excitement about something that is going to happen.
- trying to foresee beforehand.

Interpretation - Feeling of troubles starts when trying to foresee problem and becomes very tensed when thinking about it.

## **64. Alert –**

Alert - watchful and prompt to meet danger or emergency

- quick to perceive and act
- to make (someone) aware of something

Version – Earlier patient was not worried about weakness, but it is noticed when it continue for so many days so patient think about to consult.

**65. Activity, desires –**

Activity - the quality or state of being active

- a pursuit in which a person is active

Desire - to long or hope for

- to express a wish for

Version – Patient says I don't listen to anybody and do whatever I wanted.

- Patient says I liked to be involved in some activity and he feels enjoy in it.

**66. Amusement , desire –**

Amusement - pleasurable diversion

- a means of amusing or entertaining

Desire - to long or hope for

- to express a wish for

Version –

A mother of a child says during sickness wants to play or watching movie.

Patient says that I occupy myself with some activity e.g. playing cards with friends, visiting clubs and I am feeling better.

Patient finds such things in which he feels pleasure.

**67. Amusement , aversion to –**

Amusement - pleasurable diversion

- a means of amusing or entertaining

Aversion - a feeling of repugnance toward something with a desire to avoid or turn from it

- a settled dislike
- an object of dislike or aversion

Version – Patient says for some days nothing entertain me like music, movie, drama etc previously I used to like.

**68. Aversion, to those around her –**

Aversion - a feeling of repugnance toward something with a desire to avoid or turn from it

- a settled dislike
- an object of dislike or aversion

To - used as a function word to indicate direction

- used as a function word to indicate contact or proximity
- used as a function word to indicate relative position

Around - in a circle or in circumference

- in close from all sides so as to surround
- in or near one's present place or situation

Version – Patient says that now a days I don't like any one even my children or husband.



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